



Keep Calm Force

The Keep Calm Force is a peer intervention program for the lunch and recess periods of the school day. During these periods, certain students are members of the Keep Calm Force, having the responsibility of helping their classmates keep calm during conflicts or periods of stress. The Keep Calm Force consists of students (two from each homeroom, changing on a bi-monthly basis) who are responsible for helping other students experiencing difficult or overwhelming emotions make appropriate choices on the playground. The aim of this program is to teach children how to assist their peers in conflict, as well as to familiarize the children with the idea of receiving help from a classmate instead of from an adult. The children are not permitted to intervene in any physical conflicts and will have the responsibility of seeking help from an aide should such a situation arise. Additionally, if the Keep Calm Force members have difficulty in controlling a verbal conflict, they call on the lunch aides. For example, a Keep Calm Force member may suggest that a child who displays signs of frustration or agitation use Keep Calm so they can make a good decision and avoid negative consequences.

The “Control Center” is our newest addition to the Keep Calm Force program. The Keep Calm Force members sit at a designated table to assist students, using worksheets and crafts, who are experiencing difficulties within the cafeteria.

